

# Discover relaxing elegance at

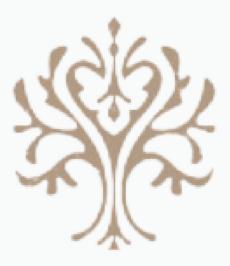
Eifan Spa

Our spa professionals will elevate your mind and body experience and bring it into harmonious balance. Lavish yourself in spa experiences inspired by the healing powers of nature and return to your world feeling rejuvenated.



# SPA ETIQUETTE

- Advance scheduling is recommended.
- A credit card will be required to hold any reservation, in house guests may charge to room.
- •Delayed/Late arrivals will shorten your treatment time.
- •Spa amenities available on your spa day include steam rooms, comfortable spa robe and slippers, spa inspired waters, teas, vanity amenities, showering facilities, relaxation lounges and private terraces.
- Phone should be silenced in the spa.
- We ask that all guests arrive 30 minutes prior to their treatment time to allow for completion of intake form, change into a signature robe, and not feel rushed or cut into your reservation time.
- $\bullet$  24-hour notice is required for any cancellation in order to avoid a 100% charge of the service.
- Gratuity is automatically added to your bill upon check out at 22%.
- Group packages and events are available.
- Gift certificates available for purchase.



Check pricing or to book, scan this QR Code:





#### **MASSAGES**

#### ÉILAN SIGNATURE MASSAGE

50 minutes | 80 minutes | 110 minutes

Our massage therapist will lead you into deep relaxation in this customized experience. Light to medium pressure is used in this massage choreographed to enhance gentle relaxation and stress reduction.

# HEAD, HANDS & FEET MASSAGE

50 minutes

Concentrating on specific points located on the head, hands & feet, this relaxing technique is known to realign the natural flow of energy throughout the body leaving you renewed and refreshed.

#### DEEP TISSUE MASSAGE

50 minutes | 80 minutes | 110 minutes

Designed to promote flexibility and muscular health, this deep-pressure massage is ideal for those seeking advanced focus in area of deep tension caused by daily stress to the mind and body.

#### WEEKEND WARRIOR

50 minutes | 80 minutes

A therapeutic massage that focuses on muscle recovery, stretching, and flushing toxins which helps to prepare the body for optimal perfor mance.

#### AROMATHERAPY RELAXATION MASSAGE

50 minutes | 80 minutes

Relax and Restore with this aroma- therapy massage and targeted hot stone treatment melting away your neck and shoulder tension. This deeply relaxing massage is a light to medium pressure and helps regulate sleep, increase circulation and decrease the effects of stress.

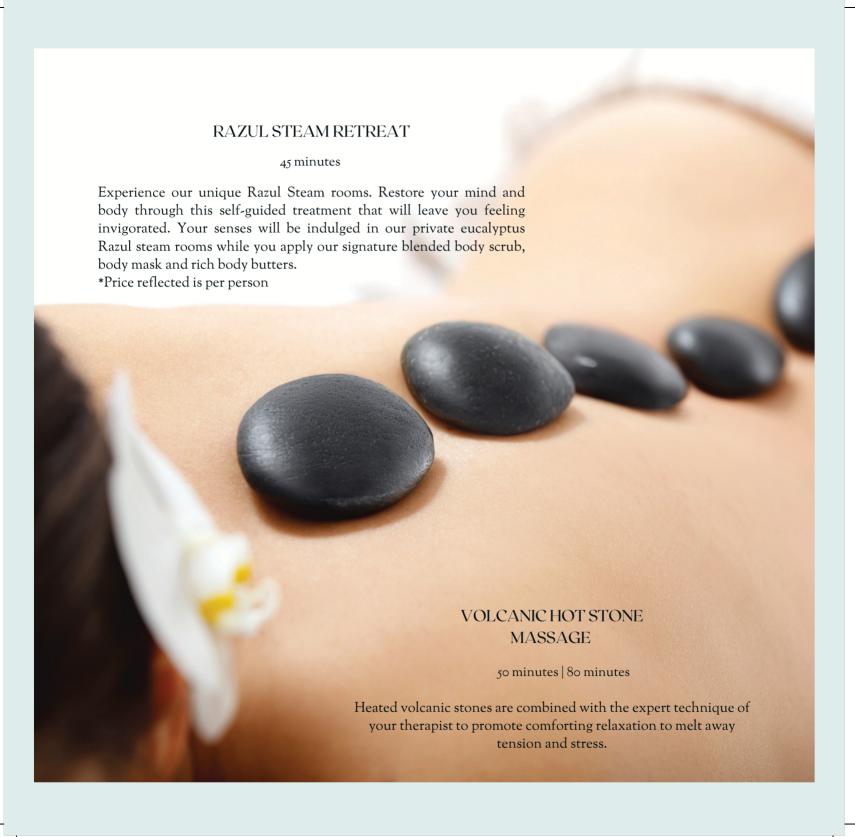
# MOTHER TO BE MASSAGE

50 minutes | 80 minutes

For the expectant mother following her first trimester. Healing emollients promote healthy skin while specific and safe techniques are used in a massage to relieve the tensions and stress an expecting mother may experience.

Please note that any of the treatments listed above can be enjoyed as a couples massage.

Pricing may vary.



Check pricing or to book, scan this QR Code:





## **BODY TREATMENTS**

#### SENSATIONS ORIENTALES

50 minutes

Inspired by the Orient, this aromatic body ritual features hypnotic notes of amber and myrrh. Immerse yourself in this exotic ritual featuring an exclusive body exfoliation with our handmade Moroccan pumice stone and enzymatic exfoliating nectar for soft, smooth skin. A relaxing massage with warmed amber oil entices the senses with warm, sweet and woody notes for an unforgettable sensorial experience.



Sensorial | Invigorating

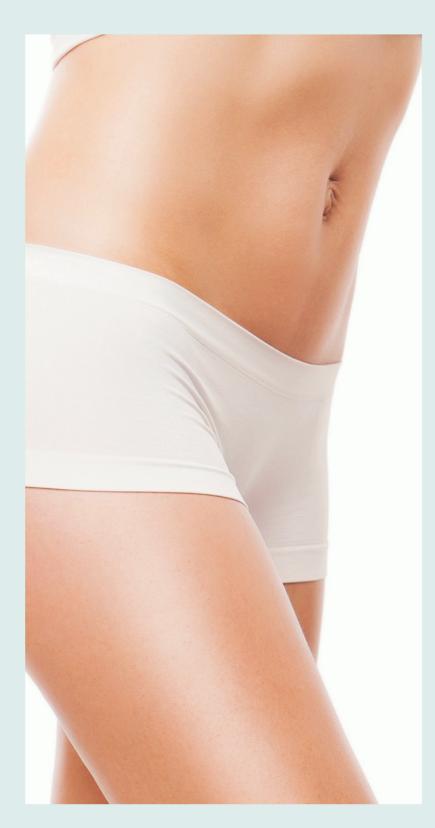
#### HANAKASUMI

50 minutes

Embark on an enchanting sensorial journey filled with floral notes of Cherry Blossom and Lotus Flower to relax the body and nourish your skin. Our signature body treatment incorporates a warm exfoliating cream to soften and smooth the skin. A unique, invigorating foot massage flows into a relaxing full body massage using warm aromatic shea butter to bring blissful relaxation to your mind body and soul.



Relaxation | Reflexology inspired |



#### PRO YOUTH FIRMING TREATMENT

A targeted treatment to help restore skin firmness, elasticity, and promote a more youthful appearance. A unique combination of a full body exfoliation, a targeted serum, and a sculpting body massage to perfect the silhouette work and redefine the overall body contour for visibly firmer skin.

Firming | Boosting | Sculpting

#### CBD RELIEF WRAP

CBD is often praised for its potential to soothe sore muscles, calm the mind, and reduce inflammation, making it a popular choice for those seeking a holistic spa experience. \*Our topical products are broad-spectrum CBD which means that it contains 0.0% THC in it. The use of this product will not show any THC in your system on a drug test.

Healing | Nourishing | Soothing





## ELEVATE YOUR EXPERIENCE

#### ÉILAN SIGNATURE EXPERIENCE

4 HOURS

Prepare to surrender to a day of selfcare. Lavish yourself with an Éilan Signature massage 50 minutes. Customized Manicure/Pedicure 50 minutes, and Éilan Signature facial 50 minutes.

#### URBAN ESCAPE

2 hours

A 50-minute Eilan Signature Massage and 50-minute Eilan Signature Facial are combined to offer a full wellness experience from head to toe

#### THE EILAN BRIDE

4.5 hours

Designed specifically for brides-to-be, our Eilan Bride package ensures you feel relaxed and ready for your special day. Start your morning with a soothing full-body Aromatherapy massage to relax your mind and emotions. Then get your skin perfectly hydrated with our Eilan Signature Facial; this facial gently cleanses and tones your skin. Whether alone or in a group, The Rasul Steam Experience, a self-guided full-body exfoliation, will leave your skin bright, soft, and nourished. Finish your day with a glass of champagne while pampering yourself with our luxurious Eilan Signature Manicure/Pedicure combo.

Packages already discounted, no further discounts applicable. Additional packages and Seasonal offerings available online.







#### ÉILAN SIGNATURE FACIAL

#### 50 MINUTES | 80 MINUTES

Skin is nourished in this customized facial using all natural products chosen to cleanse, exfoliate, and hydrate your skin. This facial will leave your skin dewy, fresh, and plumped with moisture.

#### PURIFYING FACIAL

#### 50 MINUTES

Designed for problematic and acne prone skin, this facial includes deeply cleaning and purifying ingredients to help soothe and renew your skin.

#### MICRODERMABRASION FACIAL

#### 50 MINUTES

This exfoliating facial is designed to combat dull uneven skin tone and texture, leaving your skin balanced and refreshed.

#### BACK FACIAL

#### 50 MINUTES

Indulge yourself with this relaxing back facial designed to purify, renew, and soothe acne-prone skin.

#### ANTI-AGING FACIAL

#### 50 MINUTES | 80 MINUTES

This powerful all-natural facial combats the signs of aging by strengthening the skin, restoring elasticity and evening skin tone.

#### HYDRAFACIAL

#### 40 MINUTES | 50 MINUTES | 80 MINUTES

A facial to improve circulation, depuff, detoxify, tone and firm the facial skin by incorporating the age-defying powers of cutting-edge technology paired with peptides to relax wrinkles, boost collagen, and erase signs of aging.





### HANAKASUMI MANICURE | PEDICURE

Embark on an enchanting sensorial journey filled with floral notes of Cherry Blossom and Lotus Flower to relax your hands or feet. Our signature mani or pedi incorporates a warm exfoliating cream to soften and smooth the skin. A unique, invigorating foot reflexology massage using warmed aromatic shea butter to brings blissful relaxation to tired hands or feet.



# CUSTOMIZED MANICURE | PEDICURE

A mani or pedi experience tailored to the needs of your wellbeing. Customized with a selection of botanical essences and massage medium to nourish, hydrate, or quench your skin. An invigorating sugar and salt scrub to smooth and soften your skin promotes overall wellness.

## EILAN SIGNATURE MANI | PEDI



Experience a Signature pampering session with our Manicure and Pedicure Combo. Enjoy a 30-minute manicure and a 45- minute pedicure with regular nail polish application. Treat your nails to a shape, buff, and cuticle care, followed by a relaxing hand and foot massage.

#### OPTIONS

- add shellac
- Shellac Removal
- French
- \*Please note this may require additional time





Eifan Spa

In order to support the tranquil environment of the spa, we ask that you silence all phones and refrain from phone conversation while in the spa.

Éilan Spa patrons are required to be at least 17 years of age to receive a spa treatment or be in our locker room facilities. However, children as young as 5 can receive services in the Éilan Hair and Nail Salons.

#### SPA HOURS

Sun: 10am - 5pm

Mon: 10am - 5pm

Tue: 10am - 5pm

Wed: 10am - 5pm

Thu: 10am - 5pm

Fri: 9am - 6pm

Sat: gam - 6pm

Spa hours may change seasonally or during holidays. Please contact the spa for more information. 210.598.2991



210.598.2991

www.eilanhotel.com/san-antonio-spa.php

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